

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: SSSV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: URBAIN Laurent HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:10, starttime: 09:30
Heat: 10/16 Lane : 5 Athlete: ZUIDEVELD MARIA			Q-time: 00:33:08
PB (50m pool): 00:35.43 Seraing 26/01/2025			PB (25m pool): no time SB: no time
	5 0 M		
PB	00:35.43		
	00:35.43		
			

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:9, starttime: 11:08
Heat: 9/10 Lane : 6 Athlete: URBAIN RAPHAEL					Q-time: 02:14:39
PB (50m pool): 02:14.39 Antwerpen 27/07/2025					PB (25m pool): 02:06.69 SB: 02:15.89 Seraing 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.52	01:05.23	01:40.09	02:14.39	
	00:31.52	00:33.71	00:34.86	00:34.30	
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:1, starttime: 11:48
Heat: 1/13 Lane : 4 Athlete: ZUIDEVELD MARIA			Q-time: 00:29:26
PB (50m pool): 00:30.49 Seraing 26/01/2025			PB (25m pool): no time SB: 00:30.96 Seraing 07/12/2025
	5 0 M		
PB	00:30.49		
	00:30.49		
			

Coach feedback: